

July 9-13, 2017





Sponsored by:



WHEN?

Tuesday, July 11, 2017

WHERE?

Meet in the hotel lobby at 5:50 am

HOW MUCH?

Registration fee \$20 per person

\$15 T-Shirt Only

WHY REGISTER EARLY?

To reserve a t-shirt!

QUESTIONS?

kathy@nacmnet.org

Join us for the annual 5k Fun Run/Walk!

Bring your running/walking shoes and join us for an early morning 5k starting across from the Hyatt Regency Crystal City and running to the Mount Vernon Trail where you can see a great view of D.C. across the Potomac River.

We will meet in the Hyatt hotel lobby at 5:50 am and will begin by walking to the starting point on the other side of the street. The race will begin promptly when we arrive at the starting point. The route will take us along the along the streets of Crystal City and then a peek of the Mount Vernon Trail.

Register for the Fun Run/Walk on the event registration form, or register in person when you get to the conference. All participants who register by <u>June 15th</u> will receive a commemorative t-shirt.

Don't want to run or walk but you would like a 2017 commemorative t-shirt? Complete the fun run/walk registration form and select t-shirt only.

